

Peace Invocation
Śānti Mantraḥ

A PRAYER FOR PEACE, CLARITY AND BLESSING TO BEGIN
AND END MEETINGS, BASED ON THE SPIRIT OF SAṄGA,
GREAT RIVERS OR GREAT MINDS FLOWING TOGETHER
IN SELFLESS, SUPERCONSCIOUS WISDOM.

Aum saha nā vavatu, saha nāu bhunaktu,
saha vīryam karavāvahai,
tejasvināv adhītamastu, mā vidvishāvahai,
Aum shāntiḥ, shāntiḥ, shāntiḥ.

*Aum, may He protect us. May He be pleased with us.
May we work together with vigor.*

*May our studies illumine us.
May we have no contention or hostility between us.*

Aum, peace, peace, peace.

Krishna Yajur Veda, Taitti rīya Upanishad (2.1.1)