

A SEMINAR ON WHAT IS HINDUISM?

SESSION THREE

WITH
SATGURU
BODHINATHA
VEYLANSWAMI



You and your family and friends are warmly invited to attend this third half-day seminar on Hinduism. Bodhinatha will share more selected topics from Himalayan Academy's new book, "What is Hinduism?," which is comprised of 46 full-color educational insight sections from HINDUISM TODAY magazine. The topics presented will be useful to parents, teachers of Hinduism as well as older youth. It is a wonderful opportunity for you to meet with Bodhinatha and share your questions, thoughts and inspirations with him.

Venue: Sri Senpaga Vinayagar Temple
Date: Saturday, 13th September 2008
Time: 4:45pm ~ 8:00pm

The seminar is free. If you have any questions, please contact Sivakumar Saravan at 90401575 or e-mail: sivakumar@sg.first-trust.com

JOIN US AND LEARN ABOUT:

- **Mysticism in Hinduism**—Find out more about Hinduism's approach to the personal experience of God, including four different ways of seeing God
- **Common Questions about Hinduism**—Insightful answers to the two commonly asked questions of vegetarianism and idol worship
- **Hindu Scriptures**—Find out the difference between shruti and smriti, the important but little known Agamas and the role various types of scriptures play in modern Hindu life
- **Hinduism's Code of Conduct**—the ten yamas and niyamas: Overview and presentation of the yama of Steadfastness with suggestions for how it can be cultivated, and the niyama of Scriptural Listening and the four steps of its practice
- **Hindu Family Life**—Its four goals; learn what the four goals of the soul are, purusharthas, and how to effectively incorporate them in family life
- **Benefits of Befriending Ganesha**—Find out how, through the worship of Lord Ganesha, you can stabilize your emotions and improve your character
- **Learning From our Mistakes**—Why mistakes are wonderful opportunities to learn, and discover how we can best learn from them through a four-step response

For more information about Bodhinatha, please visit:

<http://www.himalayanacademy.com/satgurus/bodhinatha/>